

Want to Find Something Fun to Do? Here are some great ideas!

THINGS TO DO FOR FREE

- Walk/Jog/Play on the beach
- Take your dog down to the beach
- Play beach volleyball at Moonlight/Ponto/Dog Beach
- Skate at Leucadia Oaks Park, or at the Encinitas Skate Park
- Play sports at a local park or beach
- Encinitas Recreational Center offers open gym, and other classes/activities
- Ride bikes/skate/walk along the 101 and enjoy the sunshine
- Go to the Encinitas Library or the Dove Library
- Climb trees and go on hikes that are close to you (optional have a picnic)
 - Take a walk on the San Elijo and/or Batiquitos Lagoon
- Have a bake/garage sale
- Watch the sunset at your favorite look out
- Play softball or baseball at park around Encinitas
- Go bird watching
- Go to Leucadia's farmers market Sat. 1-4 (185 Union St, Encinitas, CA 92024)
- Help the environment by cleaning up the beach
- Teach yourself something new that interests you
 - (surfing, swimming, riding bikes, skating, tying a tie etc.)
- Go to the local pounds and humane societies and play with the animals
- Work out and get into shape
- Play board games with friends
- Sit back relax and watch T.V.
- Build a blanket and pillow fort
- Balboa offers free admissions to some museums every Tuesday over summer
- Work out every day for 30 min (This will not only improve your mental and physical health but you will be able to do it for free)
- Try something that you have always wanted to do
- Clean, having a clean living environment will help develop your mental health
- Build a sandcastle on the beach

THINGS YOU CAN DO FOR ABOUT \$10-\$15 OR LESS

- Take the train or bus around town and explore new places
 - Take the train down to San Diego and explore all SD has to offer
- Rent a movie from Redbox
- Go to the movie theatre before 1. Ticket prices are greatly reduced at this time
- Go to local garage sales
- Go thrift shopping, not only are clothes cheaper but it is beneficial for the environment
- Go grab a coffee at your favorite coffee shop
- Start planting plants. You can grow your own herbs and vegetables
 - If you do not have enough room at your house, you can spend time at community gardens
- Buy some food and have a picnic with your friends
- Ice Skating at the UTC mall
- Experience rock climbing
- Check groupon for any great deals that you cannot miss
- Go bowling in San Marcos
- During the end of the school year and the start of summer go to the Del Mar Fair Try a yoga class or two
- Buy a cheap blow up raft and take it to the beach or to a pool
- Bring some friends and make your own pizzas or anything else you would like to bake
- Do some arts and crafts
- Have a potluck with your friends
 - You can also have a breakfast/lunch/dinner party with your friends or loved ones
- Make a lava lamp or try a DIY project (You can also make candles out of crayons)
- Go out and get dessert with your friends
 - You can also learn how to make your own desserts like ice cream
- Go on the roller coaster in Mission Beach and walk the boardwalk
- Rent paddle boards/surfboards/kayaks and go out in the lagoons or into the ocean
- Go out and get a pet fish
- Go to local farmers markets and buy some fresh organic foods

Challenge yourself and see if you can do

ALL of the ideas on the list!