



**OAK CREST MIDDLE SCHOOL** “A California Distinguished School & Gold Ribbon Recipient”

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**Zero Period (attend periods 0-5) Option**

All SDUHSD middle schools may offer a zero period option for interested students. Traditional school hours at Oak Crest (attend periods 1-6) are 8:15am -2:45pm. Some students may be interested in the zero period option (attend periods 0-5) which would allow a student to begin school at 7:20am and leave early (see schedule below). If a student is considering the zero period option, please carefully read the information below. ***If your student would like to elect to take zero period, please have them sign up for the Zero Period Option on their 7<sup>th</sup> or 8<sup>th</sup> grade Course Request Form.***

**General zero period option information:**

- Zero period *meets daily* and attendance/grading is treated exactly the same as any other class taken during the school day.
- Taking zero period is a *year-long* commitment.
- Students *may not* be able to access before or after-school support programs should they elect to take a zero period.

	<b>Monday</b> attend periods 0-1-3-5	<b>Tuesday</b> attend periods 0-2-4	<b>Wednesday</b> attend periods 0-1-3-5	<b>Thursday</b> attend periods 0-2-4	<b>Friday</b> attend periods 0-5
<b>Start time</b>	7:20am	7:20am	7:20am	7:20am	7:20am
<b>End time</b>	2:45pm	12:15pm (optional to stay until lunch ends at 12:50pm)	2:45pm	12:15pm (optional to stay until lunch ends at 12:50pm)	12:30pm on early out Friday's 1:50pm on Homeroom Friday's

**Frequently asked zero period questions:**

- **What courses are you planning to offer zero period?**  
Courses will be selected based on the number of students electing to take zero period and teacher availability.
- **Will students who take zero period be able to access SDUHSD transportation?**  
Transportation access changes year to year. It is best to plan on bringing your child to and from school if they elect to take zero period.
- **Can students stay on campus during period 6?**  
No. Students who are on a period 0-5 schedule must leave campus at the end of period 5 and/or by the end of lunch -*no exceptions*.
- **Can students take 7 classes (periods)?**  
No. Students can only be enrolled in a maximum of 6 classes, unless your student is in band. Students who take band can exercise their option to enroll in band and a second elective.
- **Can my student take the zero period option and 5<sup>th</sup> period Independent Study PE (ISPE)?**  
Yes, they will be out of school substantially early every day, see Oak Crest's *Bell Schedule* and ISPE application for requirements.