

OAK CREST

Middle School

December 9, 2022
Wave Weekly

MAKING
Waves
TOGETHER

Wave Families,

Thank you to those of you that attended Friday with Friedrichs! If you missed it, no problem, here are the slides. I wanted to share with our Wave families that we have been made aware of another Tik Tok challenge. The challenge goes by several names, including "Blackout Challenge," "Pass Out Challenge," and "Choking Game." Children are encouraged to hold their breath until they feel a euphoric high or pass out due to a lack of oxygen to the brain. Please see here for more details. Although we have not seen any instances on campus, we would like you to speak with your child about the dangers of social media challenges at home.

We are still looking for any community members that would be willing to donate their time to speak to our Waves about their careers. Please fill out this interest form ([English/Spanish](#)) if you would be willing to come on January 27th from approximately 10:30- 12:00 pm. We are specifically looking for anyone in the community that can speak about: Architecture, the Entertainment Industry, Fashion/Cosmetology, Animator, Athletic Industry, Automotive Industry, Carpentry, Culinary Artists, Interior Designer and Law Enforcement (especially high operations/legal defense).

Have a wonderful weekend,
Katie Friedrichs
Principal, Oak Crest Middle School



OCMSWAVES



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Us!

Oak Crest Middle School

Career Day

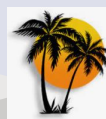
- ✓ Friday, January 27, 2023
- ✓ 25 min sessions
- ✓ Students will explore different career paths
- ✓ College & Career Ready!

We are looking for speakers who want to give back to the community and share about their chosen career path with our middle school students!

[Sign-Up Here!](#)

SAVE THE DATE!

Friday with Friedrichs



LCC, SDA AND SUNSET PRINCIPALS WILL SPEAK

ABOUT HIGH SCHOOL SELECTION

LCC TOUR DATES SDA TOUR DATES

FRIDAY (1/13) AT 8:30 ON CAMPUS!

COFFEE IS PROVIDED

OCMS PARENT FOUNDATION

Thank you to everyone that helped make the Oak Crest Dance the super fun event that it was! We couldn't have done it without your support! Special shout out to Flippin' Pizza for feeding our hungry Waves!

THANK YOU FOR YOUR SUPPORT!

- + GLOW SUPPLIES
- + COOKIES
- + YOUR TIME
- + FLIPPIN PIZZA!



AWESOME GLOW IN THE DARK DANCE!!!



Counseling

Our website is updated weekly, visit for further information & resources

- **Second-semester schedules will be re-posted in Aeries on Tuesday, January 10, 2023, for the start of the second semester on Wednesday, January 11, 2023.**
- **Final first-semester grades will be posted in Aeries on January 19, 2023, and can be viewed under the Grades tab by clicking on Report Card History.**
- **High School Selection (Jan 30 - Feb 17):**
- **Parents wanting information about high school selection can find details [here](#). Counselors will be visiting Science 8 classes in January for "Getting Ready for High School" presentations.**

A Message from our Assistant Principal

Our tardy policy is in effect! Please remind your students of the importance of being on time to school and to all of their classes. If any student is tardy they will receive a lunch detention. [HERE is SDUHSD board policy](#) on tardies and attendance.



As a reminder- every tardy is a lunch detention and after 3 tardies students will receive an after school detention.

DRAMA NIGHT! AT OAK CREST!



Waves, please join the Introduction to Drama class for Drama Night on Thursday, December 15th from 6-8 p.m. in Crest Hall. Actors will perform a series of one-act plays, and they hope to see you there! All are welcome.

Congrats to our Band Students and Mrs. Gold for a great concert last night!





SDUHSD Cultural Bazaar

Saturday, December 10th, 2022
Earl Warren Middle School from 11 AM - 2 PM

- student-led event
- celebrate the **diversity** within our schools
- **celebrate, share, and learn** about different cultures
- **educate** our community on student-led efforts
- Expert speakers, administrators, much more!

Food

Fun

Culture

Art

Open to everyone from parents, students to educators and community members

Congrats to some of our Waves for making it to Florida for the LCC Pop Warner 13 U Team!



SAN DIEGUITO UNION HIGH SCHOOL DISTRICT
Engaged, Inspired, Prepared

Please see the most recent posting about the special board meeting [here](#).