



Independent Study Physical Education (ISPE)

San Dieguito Union High School District

Welcome to Oak Crest's 2019-20 ISPE program. Below, please find all the information and materials needed to be successful in the ISPE program. Please read through the information carefully, paying close attention to due dates and on-campus dates. **Please note** – students are **not** allowed on campus during their ISPE period except on the on-campus dates below. Please use the contact information or refer to our website for further information.

Due Dates

Please note the following due dates for the 2019-2020 year are posted below. All information for assignments will be located in **Google Classroom** and student assignments must be submitted there as well.

- **Fall Semester**

Activity Logs (60 hours per semester)
Self and Coach Evaluations

Due Friday January 17

- **Spring Semester**

Activity Logs (60 hours per semester)
Self and Coach Evaluations

Due Friday June 5

Contact Information

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On Campus Dates

Students are required to be on campus during their ISPE period.

- **Spring 2019** – Mandatory 7th grade only Physical Fitness Test (Dates to be posted)



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Grading Procedures

ISPE is graded as a pass/fail. Your grade is wholly dependent on your activity logs and self/coach evaluations. Please be thorough and prompt with these requirements. Google classroom will be used to turn in all assignments. Students who cannot access Google Classroom can turn in hard copies to Ms. Lawson in the Admin Building

Drop off and Pick up Information

1st period and 6th period ISPE students are not permitted on campus during their ISPE period, except for the listed on-campus days. **Please check the OC school calendar for early out Fridays and single period days, as these will affect dismissal times.** If dropping off and picking up at the front entrance, please do not pull into the parking lot. Please use the circle area adjacent to the front of the school.

[Sample Activity Log](#)

[See guidelines for Self/Coach Evaluations](#)



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ISPE Google Classroom

Instructions on how to enroll in Google Classroom

ENROLLING IN THE DIGITAL CLASSROOM: For this school year, ISPE will use Google Classroom to turn in all assignments. By using this program, we are able to go paperless and have a simplified process for our students. Please follow these steps to enroll and access the class:

1. Go to my.sduhsd.net

2. Click on Classroom icon ->



3. Sign in with your SDUHSD login (7th graders and new students will get their login the first week of school)

4. When in the Google Classroom home page, click the + symbol located at the top and select "Join"



5. You will be prompted to enter a class code - **tnrnxj**. After typing in the code, click "Join"

6. Follow the instructions in the Assignment titled **ISPE Goals 2019-20** to complete it. **All assignments will be submitted digitally through this application. Students without access to Google Classroom may hand in hard copies to Ms. Lawson in the Admin Office. Important – please check due dates and plan accordingly.**